The “V.I.P” private club “Z Code System”

Winning Sports Picks and Predictions

“Z Code System” Beta

QUICK START GUIDE

Including NHL, MLB, NBA and NFL!

Sports Investing Software Proven since 1999

(Version 1.8 revised)
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Welcome to the Z Code VIP Club!

The suit fits you well! I want to congratulate you on your decision to join the ELITE. The suite fits you well ;) In a moment you will experience sport predictions and picks that have been developed by the very best in the industry...

But first...
A Word of Warning:

Even if you have no clue about sports you can win with us! This money making Zcode system is very simple to apply, however you MUST read this manual carefully. We know you are eager to get going and make money right away but we need to minimize the beginners errors quickly. So please:

A.) Read this manual carefully. All the way! Then get grab yourself a cup of coffee and do the following:

READING the whole manual AGAIN! I am serious.. read it all over again and absorb the information.. Then:

B.) Print the QUICK Reference Guide out! It’s further down this manual and it includes everything you need to know for the system to work. Keep it handy and check it carefully before placing any bets!

We wish you a ton of success!
Mike, Steve and the Crew behind Z-Code

Before you start however a word on MONEY MANAGMENT.

In combination with the ability to use winning predictions and picks, money management is one of the biggest factors that determines players final success or failure at the end of the season. Yet, money management is frequently overlooked, and by not exercising proper money management a player can wager on an overwhelming number of winning picks and still lose money. For truly successful wagering, both the ability to have winning picks and to exercise proper money management is essential.

What does money management mean?

The concept of proper money management can seem obscure to those without a disciplined money management strategy already in place, but basically, money management involves controlling where and how much of your bankroll you put at risk throughout the season on a weekly basis. The objective, of course, is to manage your betting in such a way that making a substantial profit is as easy and risk-free as possible. Of course, risk is unavoidable, and as a result, a proper money management strategy requires discipline and proper bet sizing to minimize risk, yet still make it easy to turn a decent profit.

This is crucial to your success in the handicapper business because an overall performance of over 65% wins doesn’t necessarily mean you can walk away with huge gains... managing your bankroll properly is of ESSENCE... again

Money Management and following the system Is Everything!

Determine Your Bet Size!

Determining your bet size, you must choose an amount small enough to withstand a losing streak, yet large enough to make a sufficient return on your bankroll.

We usually advice new members to bet 1% fixed size each bet.
You can do it two ways:

a) Conservative approach: you risk 1% of your bankroll each bet

b) Aggressive approach: you risk to win 1% of your bankroll each bet. This means you will be laying more than 1% if the odd is low.

Use this standard bet size as the amount you wager on each pick during the season. As discussed above, don't change your bet size based upon the number picks that week or recalculate your bet size each week – it should remain fixed.

Many people are wondering which is better way to build your bankroll: to risk 1% or to bet fixed 1%?

Our expert Zcode Praveen made an interesting research to compare both methods!

Enjoy, here is the report:

http://zcodesystem.com/blog/to-win-1-or-to-risk-1-which-is-better/

Stick To The Plan.. and WIN!

Again, great to see you here, now go and make some serious money.. Wishing us a tremendous money making year!

Remember Zcode covers all 4 Major American sports whole year round, it's not just NHL system. We will have MLB, NBA, NFL and NHL! + We have soccer and horse racing picks from our experts!

Being a sports investor

When investing in sports, it is very important to only follow the system CONSISTENTLY. As you can see, there is losing and there is winning in this process. No one or company can or will win every day of the week/month/year. That will not happen ever!

What is important to realize is that sports investing is a PROCESS. When we lose several games in a row or several days in a row, that is not the time to jump off or abandon what we are doing here. Not Ever! When you do that, you will miss the winners that go along with the losses. These winners are crucial to building our bankroll each month. You need to follow exactly what we do each day/week/month. You need to play out program the way it is meant to be played. If you do so you will see profit each month with the system and strategy that we have employed.

We win! This is Documented and proven!

Treat sports investing as a business, not as a gambling.
Again, investing needs to be treated as a **PROCESS**. Only after you profit each month do you increase your wager size. To beat the “book” is one of the hardest things to accomplish on a regular basis. When you find a successful program, such as the one we have created here at Z code system, it is vital you follow that program precisely if you want to truly profit and be a winner each month. When you go off on your own and play your own plays that do not have information behind them, or “cherry pick” other services’ plays here and there that is the worst thing you can do.

In closing, allow us to reiterate some crucial key points. Stay with our proven program we have laid out for you. You will profit long term! Do not get bogged down in day-to-day affairs. Do not get too high or too low during the month. Do not jump around and play random plays in which we do not endorse. Do not chase, do not double down, and do not bet more games unless we tell you to do so. We cannot STRESS enough that this is a **PROCESS**; you need to treat it as such.

Relax, we know what we are doing. This should be a stress free process for you. When you do not get bogged down in day-to-day outcomes sports investing becomes stress free and an enjoyable experience.

Let us worry about the day-to-day affairs. You just make your investments each day that we suggest for you. Collect at the end of each month. It’s that simple. There should be no emotion involved in this process for you. When you let emotion take over, that is when you will make bad decisions, and will lose your bankroll immediately. Follow the system, remove the emotion involved in day-to-day outcomes, and profit long term. Lets have another profitable month!

**Proven since 1999**

Zcode is a fully transparent winning system proven since 1999. The betatesters have already backtested it all way back 12 years and now they are forward testing it publicly with great results.

Here is the link to download the full live NHL performance since October 2011:

| + $5,889 | by betting fixed $100 bets so far! |
This report is 100% real and untampered. We will update it regularly to show you why Z-code is the answer to make money consistently in the sports world, without any knowledge or any skills.. you can use a mouse? You can do it! :)  

(again, this is not a backtest, this is actual verified performance)

**MLB baseball Performance of ZCode:**

MLB is one of the most profitable sports for Zcode! See for yourself:

![Net Profit graph for MLB performance](http://zcodesystem.com/iframe_results/mlb_apha_delta_results.htm)

Over +$84,000 profit since 2006 by betting the flat picks without any progressions!!

Zcode MLB Alpha Trend and Delta trend

[http://zcodesystem.com/iframe_results/mlb_apha_delta_results.htm](http://zcodesystem.com/iframe_results/mlb_apha_delta_results.htm)

**NFL Performance of ZCode:**
Zcode NFL Performance: 3-5 Star Picks + $5,789 Profit

http://www.zcodesystem.com/iframe_results/NFL_all.htm

Looks great? I bet it does. Now it’s time to show you how you can win with us.

We want to make you WIN and make cash together. Why? Because if you win - we win as well. We place all bets ourselves on our accounts as well.

So let’s get going, shall we?
Step 1: Open bookie accounts

Bookmaker or bookie for short is a place where you are doing your sports investing trades (bets).

You don’t need to open many accounts – you can start with just one or two of the best bookies. Sometimes I receive strange emails like "My bookies does not offer this bet type so I can’t place it". Remember you are not married to your bookie. The bookie exists to make you lose and make them rich! By limiting your bet types the bookie is trying to put you in disadvantage. Feel free to change bookies and move the funds! Also please remember there is no such thing as "ideal bookmaker”.

Make sure that your bookie offers -1 spread lines bet for NHL (puck line). Here is the list of bookies that qualified and offer all necessary bet types we need to win:

- **5Dimes.com** (A+ world bookie, accepts US members) – Pros&Cons: offers all kinds of bets that we need however they usually get greedy and boost the “team totals” on NHL to 3 and even 3.5 instead of proper 2.5. Good for MLB!

- **Bet365** (One of the most popular bookies) Pros&Cons: offers good spreads even on underdogs but no team totals before the game though they offer them in-Play during the game! Good for MLB too! Does not accept US members

- **Pinnacle** (World top bookie, best lines. Does not accept US players) does not have team totals and underdog-1 spreads. Great for MLB!

- **Bookmaker.EU** (A+ bookie, Accepts US members) offers team totals but no -1 spreads.

- **William Hill** (A+ bookie, does not accept US members) offers team totals but no -1 spreads

- **Marathon and BetCity** (A+ trusted old Russian bookies). Europe and Russia are very serious on sports like hockey, no wonder most NHL players are russian, and provide the best bet offers in their bookies. Don't be scared to trust bookies with over 800 offline offices. Betcity has all kinds of team totals you can dream of and all spreads that ever exist.

You don’t have to fund it with thousands, you can start as small as $100 betting $1 bets or $1,000 betting $10 bets

Remember, you can visit Zcode members area to watch the video tutorials!
Step2: Follow ZCode predictions and hot trends

While we were in public mode for months we have been publishing all our predictions and picks for free on facebook page: [http://www.facebook.com/ZcodeNHLpicks](http://www.facebook.com/ZcodeNHLpicks) and [http://www.facebook.com/ZcodeMLBpicks](http://www.facebook.com/ZcodeMLBpicks) and others so our betatesters could follow and verify the system.

Now, the system is private as we don’t want it to spread and lose effectiveness. It is only available to our VIP members and if you are reading this guide it means **you are one of them** 😊

Every day in Zcode members area in the “VIP PICKS” tab you can find predictions like this one:

![Prediction Example](image)

If you are not into sports this might look complicated but let it not scare you away otherwise you will miss all the profits our members get!

We have collected the links to the hot winning systems in the "HOT TRENDS" tab in the members area menu.

![Trends Menu](image)
ZCode Offers several ways to help you make profit with us

1. Follow ZCode Automatic Robot picks.

code introduced several betting robots:

KISS Bot (NBA)  
Aragorn Bot (NBA)  
Legolas Bot (NBA)  
Alpha/ Delta trends (MLB)

These bots come to our site daily to generate automated signals, and post them in a way of simple no-brainer form. No need to calculate a unit size.

All you have to do is to place an actual bet.

Example:

You can find links to the active robots in the top "HOT TRENDS" Tab.

2. ZCode Experts Mastermind. Expert bets and Fun bets. These bets are suggested by our experts based on their own ideas and research with zcode tools. Such bets are called "Expert BETS" and dont take it lightly because these bets are really profitable and help you build you bankroll in a long term as well! To get the fun bets ideas you can read our Game Live commentary on the pick page.

They are usually located on the forum or on the WALL:
The hot trends are a direction for people who are very new to sports betting. If you are serious on sports investing I encourage you to start taking it more seriously, start reading the game commentary, start learning from our experts and discussing the games.

We have collected the links to the hot winning systems in the "HOT TRENDS" tab in the members area menu.

3. Learn from the BEST. Zcode is so much more than just a hot trend, it's a community of winners that exchange opinions on the games and help each other win.

You can follow great experts like Mudrac, Mark, Trey, Alberto, Charles, Jonathan, Joao, Shannon, Cyril and others on VIP Member forum!
You can also follow contests like "Longest Streak" or POD (pick of the day) on forum that helps you build bankroll faster!

Zcode developed great tools and a human expert is using the tool and his knowledge to provide a betting suggestion. That what makes us win. Combining these two. When zcode hot trend pick is risky the experts help to avoid it. When it is strong experts help to confirm it! That's why we always win and it's documented.

**POD - Pick of the Day**

If you don't have time to analyze games yourself and prefer "easy fix" you can start following the expert PODs - pick of the day. A special forum threads are started to help you follow the experts in a easy way!

Most experts are winning so following and winning with them is a no brainer :) Enjoy!

You can find them usually on the Wall or in "Hot Trends" top menu with links to the forum!
Expert Picks

Some of our great experts are helping the VIP members by posting their own winning picks that you can use and follow. They are published on forum in the corresponding sections!

Our experts are cappers who make living by winning on sports investing. If you read and follow them you can understand how well these guys know their stuff and how good they are.

They are using Zcode tools and years of their own knowledge to provide winning picks for you!

You can follow great experts like Mudrac, Mark, Trey, Alberto, Jonathan, Joao, Shannon, Yasen and others on VIP Member forum!

Enjoy

Trey's ABC System for MLB

One of the most successful ABC systems on MLB that is offered to private clients for $490/month is also included in Zcode VIP Forum. Trey is posting his system plays and here are his results:

Spreadsheet: http://zcodesystem.com/upload/TreyABC.xlsx

Every MLB season Zcode members enjoy over 50 units of profit by following trey's ABC system.
You can always click on "Hot Trends" in zcode menu to see the current actual systems for the time of the year:

Your Zcode VIP membership include over 10 Expert systems you can follow besides automatic picks!
Each expert is a proven winner with verified winning record every season!
Here is how to use Zcode predictions and hot trends to win.

**Note:** Zcode is not just NHL system, we cover all 4 Major American sports and will be adding them when they start so our VIP club covers whole year!

First we explain NHL trends, then we cover the MLB and NFL Trends in this guide + NBA. You will receive it as a part of your monthly membership at no extra cost! NBA picks are posted by our experts Trey, Alberto and Jonathan on VIP forum.

**NHL Hockey Trends**

We only bet 2 trends on NHL for now:

1. **4-5 Star Home Game Winners** (Favorites) by Moneyline (means to win), **-1 spread** line (means to win by 2 goals or more)

   **For experts:** If you are not new to betting you can also start adding additional bets such as Team Total Over 2.5 goals. One more additional possible bet is TTOU2.5 which means “opponent team team total under 2.5”. These additional bets require extra attention and knowledge. If you are totally new just skip them. No problem! You will learn fast!

   ![Graph showing NFL profits](image)

   *(Results since October 2011) +3,020*

   Additional good trend is **3.5 Star Home Game Winners in Burning Hot status** by ML and -1 Spread. You can trust these too!

2. **5 Star Road Underdogs** by Moneyline (underdog is a team with higher odds here playing away from home, on the road) or **+1 spread**.

   **For experts:** Additional bet here **Team Total over 2.5** and **-1 spread**. One more additional possible bet is TTOU2.5 which means “opponent team team total under 2.5”
That’s all we need to win for now. We are very selective; usually we have 1-2 bets per day or less. Do not bet any other predictions or recommendations such as Game Totals (Over/Under) etc.

Let’s concentrate on those trends that bring the most profit, right!

**Important!** We publish also other bets (2-3 star bets!). If you are totally new Do NOT Bet those! They are just for professionals to discuss about!

The recommended bet size is 1% of your bankroll per bet, but if your 1% is $1,000, maybe that’s too much, especially if you’re new to ZCode system?

The important thing is to be consistent. Whether you decide on 1% or $200 or $1 per bet, just stick to that size for a while.

If you vary your bet size from day to day, you might be unlucky enough to win small one day and lose big another.

**KHL Hockey Picks**

MLB Baseball Trends

MLB Baseball is one of the most profitable sports in the world because there are so many games every day! This is one of the rare sports where teams play every single day and sometimes even 2 (!) games per day! This makes it easy to choose and you don't have to wait a whole week for a game like in NFL or Soccer.

**Results:** Over $84,000 profit since 2006 by betting the flat picks without any progressions!!

**Zcode MLB Alpha Trend:**

This means we are looking for the games which have the following Trend Notification on the left:

When such signal appears the automatic Bot is also posting the signals on the forum!
RULE: The Alpha trend is played on home favourites on Moneyline 1 unit and -1 Spread 3 unit.

Remember, the results must be considered long term as the trend is very selective and has a low risk but does not generate many signals per season. You can have several day or even a week without any signals from the hot trend which is normal!

Also: make sure to have all your bets with "Listed" pitchers. This ensures that if there is a pitching change, there will be no action.

If your bookie does not offer -1 spread you can use Jonny Ma calculator to simulate it using ML and -1.5
http://zcodesystem.com/runline_calc/

Zcode MLB Delta Trend: 3-5 Star Road Underdogs

(underdog is a team with higher odds here playing away from home, on the road)

Here we are looking for the "Delta Trend" notification on the left of the prediction with 4-5 star yellow stars on the road team (road teams are listed first)

Then we place a moneyline (which means to win the game) bet on the underdog. Additional bet can be +1.5 spread.

RULE: The Delta trend is played on road underdogs on Moneyline 1 unit and +1.5 Spread 3 units

The results must be considered long term as the trend is very selective and has a low risk but does not generate many signals per season.

If you follow this trend whole season your profit chart will be the same as ours.

Also: make sure to have all your bets with "Listed" pitchers. This ensures that if there is a pitching change, there will be no action.

Important! We give prediction to EVERY SINGLE GAME so people can analyze and discuss. It does not mean that you must bet every single game. Be selective!
The recommended bet size is 1% of your bankroll per bet, but if your 1% is $1,000, maybe that’s too much, especially if you’re new to ZCode system?

Placing MLB Bets in the bookies

MLB is very easy to place. For example in 5Dimes.com, go to MLB section:

![5Dimes betting interface](image)

Then find the game and place the bets. Remember the simple 3:1 ratio.

1 unit on ML and 3 unit on -1 on Alpha Trend

1 unit on ML on Delta Trend (additional bet 3 units on +1.5 can be added for safety)

![Another 5Dimes betting interface](image)

Make sure to have all your bets with "Listed" pitchers. This ensures that if there is a pitching change, there will be no action.
Early and Final Predictions (Locks)

- **Early Prediction.** The early predictions are a long term game forecast.

  You have it ready long time before the game but it is less accurate because something can happen later: key player illness or injury, goalie/pitcher change, odd change etc that can influence the prediction.

- **The Final Prediction** is ready 3 hours before the game and does not change anymore.

  In 95% cases the Early and Final predictions are the same.

The early prediction is updated automatically every 2 hours as the new information arrives. The final prediction does not update anymore and is locked.
**Statues and Stars explained**

The common misunderstanding in Zcode Star rating is that stars alone are not an indication to bet. The idea of the stars is to show the value on the line, it's one of the stats but not a direct signal to bet like all newbies think they must bet all 5 star games.

Betting on stars ALONE will not work same way as betting simply based on power rankings or simply betting on hot statuses. It's all part of the stats that help get the full impression of the game and help experts form their systems. You can find and follow expert systems in the "Hot Trends" section or follow automatic Robot "Alpha/Delta trend" on MLB.

- **Orange Stars** are for favorites (teams that have lower odds according to bookies). By betting on favorites you have higher chance to win but the reward is smaller.

- **Yellow Stars** are for underdogs (teams with odd higher than 2.0 or +100 in American. This means lower chance to win buy higher reward)

- **Green Stars** (Game Totals, for experts only). Zcode can be a great helper here for you but you can’t bet Totals blindly by stars, they require additional goalie and team strategy analysis. Usually teams with strong offense and good goalie tend to go Under 5.5 in NHL. You can find discussions under each game to see what experts think.

- **Team Statuses** (Dead – IceCold – Average – BurningHot) show the current status of the team (Team condition). The higher status differential the better for prediction.

- **Status Trends** (IceCold Down etc) show the direction the status is headed to. Obviously the “down” status is a bad sign while “Up” means the team is improving.

- **Power rank** shows the current team strength where 1st is the best rank and 30th is the weakest one

- **Prediction Bar** shows the zcode ® simulation for the current game – the chances of the teams to win outright. The high chance to win
does not necessarily mean we are going to bet on it because we also need to see the status, star amount and other factors. For underdogs we make a bet even if the chance to win is less than 50% because the reward is great!

- **Point spread forecast** shows the chance for the weak team (underdog) to cover the +1.5 spread. Usually +1.5 chance is very high but the odd is very low which is only good for parlays.

- **Prediction hot trends** shows how Zcode predicted the last games and other useful information and supportive trends.

- **Recommendation & odds** shows the possible bet ideas. Zcode gives you a big variety of ideas but if you are new to sports investing you don’t have to bet ALL of them, just choose the ones that fit the hot trends we discuss in this guide later.

- **Bookie odd** approximate bookie odd for the team in Decimal international format. Click on it to switch to American format. Please remember we are not a bookmaker so the real odd in your bookie could differ little bit from the odd we posted, this does not matter at all because it’s not arbing and the difference in odds do not matter. If your bookie offers American format like +120 you can always switch to decimal for easier understanding. Remember the higher odd the better reward is but the less chance to win it.

- **I placed it** After you place the bet in the bookie, click it to hide the prediction from the list to help you remember that you already placed it.

- Public percentages on the left of each prediction shows the real time data on how much general gambling public is betting each side. Blue = home team. Red = Away team.
Line moves shows real time odds change and line reversals.

Public Tickets, Consensus stats. the more public bettors put money on specific team, the more chance there will be an upset because Vegas is always in profit. Be careful with games with a lot of public money.

Trap Alerts - helps you and alerts you about possible Vegas trap games. (Where upset is most likely to happen)

Now let me give you examples and explain it:

**NHL HOME WINNERS TREND**

4-5 Star Home Game Winners (Favorites) by moneyline, -1 spread line

Additional good trend is **3.5 Star Home Game Winners in Burning Hot status** by ML and -1 Spread.

Find predictions where home favorite has 4 or 5 stars and the system gives you recommendation like *Nashville Moneyline (1.47)*

*or Good opportunity for -1 or -1.5 Spread Bet on Nashville*

Value in the line: Orange stars: 🌟🌟🌟🌟🌟
As you can see, Nashville got 5 stars, it's a home team (**Home teams are always listed second**) and it has the necessary recommendation.

Now let's place the bet. We are placing NHL bets called **“Overtime and Shootout Included”**.

**What amount to bet** – if you are new to the system then bet a fixed 1% of your bankroll per bet! If you are a pro sports investor I have prepared a long boring article on money management in the beginning of the guide ;)

So our bet would be:

1 unit **Nashville** Monoline

1 unit **Nashville** -1 Spread (Spread -1 offer usually appears in the evening before the game)

**Addition for experts**: If you are not new to betting you can also start adding additional bets such as Team Total Over 2.5 goals. One more additional possible bet is TTOU2.5 which means “opponent team total under 2.5”. These additional bets require extra attention and knowledge. If you are totally new just skip them. No problem! You will learn fast!

1 unit **Nashville** Team Total Over 2.5 (additional bet)

1 unit **Columbus** Team Total Under 2.5 (additional bet)

**Note**: If you bookie does not offer team totals you can switch to 5Dimes, William Hill or Bookmaker.EU or simply ignore team totals. Beware of bookies boosting team totals to 3.5 – avoid such bet.

**Video Tutorials**
You can visit Zcode members area to watch the video tutorials!

**5Dimes example**

Here is how to do it in 5Dimes.com:

Go to Bet-The-Board and click NHL and Continue

Now find our game and place 3 bets, similar size on

- Nashville Moneyline (Moneyline means you bet on win of Nashville)
- Nashville -1 Spreadline (Also called puckline. It wins if Nashville wins the game by 2 or more goals like 2-4, 3-5 etc. In case Nashville wins by 1 goal you will get a Push (bet refund). It is really profitable and safe bet. Don’t use -1.5, only -1!
- Optional: Nashville Team Total over 2.5 (we expect them to score 3 goals or more)

(I marked the correct bets in yellow. Since the game in question was already finished by the time I am writing this guide I took the screenshot from similar game, that’s why teams are different 😊)
Bet365 Example

Here is the screenshot of NHL moneyline and -1 Puckline from Bet365 Please note they don’t offer Team Totals, however you can place additional small bet Nashville-2 spread instead

![Bet365 Screenshot](image)

Pinnacle Example

Now example from Pinnacle Please note they don’t offer Team Totals.

Choose NHL OT included

(info: Pinnacle will show a note that says “OT games are not supported from now on” but they still are so disregard that note)

![Pinnacle Screenshot](image)

Then find the game, choose -1 Handicap (Spread) and place the amounts. Please note -1 spread usually appears in the evening before the games: 
Bookmaker.EU example

Bookmaker.EU offers great team totals but no -1 spreads, only -1.5. With -1.5 you get more losses but better odds so long term result will be similar.

Find NHL, Select Team Totals, NHL and click Continue to step 2:

Now find the game in question (I have chosen random game for example), place a bet on Moneyline (Column called Odds), Spread line -1.5 (they don’t have -1)

Then scroll and find team total:

Now click continue to step 3 and enter amounts there to place the bets!
William Hill example

William Hill offers a great variety of NHL bets including one of the best choices for Team Totals however does not offer -1 bets.

First find the game in question and click on +32 bets to see whole market. Additional bets like team totals appear in the evening!

Now place the bets on Moneyline and -1.5 spread and enter the amounts in the betting slip on the right:

Finally scroll down and find Goal Market and Team Total for the home team:

Place the bets and you are all set.
Marathonbet example

It's a popular Russian bookmaker, one of the biggest in the western Europe with hundreds of offline offices. Their site looks crappy but they have very good odds and rules which makes them attractive to us. Fast payouts, accepts all countries as far as I know.

Very interesting facts for Marathon make things easier to win for us:

1. Team totals are counted **ONLY IN REGULATION TIME**.
   This means that winning Team Total Under 2.5 is much easier in Marathon because Shootout/Overtime goals are not counted.
   This means if your team ends regular time 2-2 and then loses in OT/SO by 2-3 score you still WIN! However Team Totals Over 2.5 better to place elsewhere.

2. +1 Handicap is counted ONLY in regulation too! So it's an easy win if your team ends a game 2-2 and loses in overtime you get a win instead of a Push like on other bookies

3. Game Totals Under 5.5/5 Over 5.5/5 are counted **ONLY IN REGULATION TIME** (yes, confirmed with support). Which means winning Under is much easier here but winning over is harder because Ot/SO goal is not added!

**Conclusion**

Place +1, Team Total Under 2.5 and Game Under 5.5 in Marathon.

Don’t place -1 Bets, Team Total Over 2.5 and Game Over 5 in Marathon.

**Here is how to do it**: Placing -1 Spread
Place the bets on moneylines, called "match winner" here. This counts Overtime and Shootout:

![Bet ticket example](image)

Then confirm the bets in the right side betting ticket:

![Bet ticket example](image)

That's all!

**Placing Bets in BetCity**

**Betcity** is another very popular Russian bookie that has on of the biggest variety of NHL offers. Russia takes hockey very seriously no wonder most NHL players are Russian :)

In betcity you have the largest amount of Hockey spreads offers and Team Totals. You can even place crazy spreads like -4 or +4!

The spreads are called handicap here and you have all kinds of spreads you can only dream of:
Team totals are called "Ind. Team totals".

Ind. Total: NY Islanders: (1.5) Under 3.8; Over 1.2; Philadelphia: (1.5) Under 4.2; Over 1.2
Ind. Total: NY Islanders: (2) Under 2.7; Over 1.4; Philadelphia: (2) Under 3.0; Over 1.35
Ind. Total: NY Islanders: (2.5) Under 1.7; Over 2.05; Philadelphia: (2.5) Under 2; Over 1.75
Ind. Total: NY Islanders: (3) Under 1.43; Over 2.7; Philadelphia: (3) Under 1.35; Over 2.35
Ind. Total: NY Islanders: (3.5) Under 1.25; Over 3.7; Philadelphia: (3.5) Under 1.35; Over 3.15
Ind. Total: NY Islanders: (4) Under 1.11; Over 6; Philadelphia: (4) Under 1.15; Over 5

Please note that home team is usually listed here first which is against American standards so don't be confused!
NHL Underdog Trend

The second trend we are betting is:

**5 Star Road Underdogs** by Moneyline (underdog is a team with higher odds here playing away from home, on the road) or/and **+1 spread**.

**For experts**: Additional bet here **Team Total over 2.5** and **-1 spread**. One more additional possible bet is **TTOU2.5** which means “opponent team team total under 2.5”

Find the predictions where away (road) team has 5 stars. **Road team is always listed first!**

**Value in the line: Yellow stars:** 🌟🌟🌟🌟🌟

It usually says “**Good underdog value pick (5 Stars) on Ottawa**” or “**Value bet: Hot underdog team Ottawa**” in the recommendation

Now find your team in the bookie and bet on its Moneyline (means to win), +1 spread and Optional Team total over 2.5 and -1 spread. Please note some bookies like Pinnacle don’t offer Underdog-1 spread bets (it is offered only by 5Dimes and Bet365) while others don’t offer Team totals. The best bookie that offers everything is [5Dimes.com](http://5Dimes.com)

**Sample with unit sizes:**

5 Start Dogs:

1 unit Ottawa Senators ML

1 unit Ottawa Senators +1 Spread

**Additional bets (optional, for experts):**

1 unit Ottawa Senators -1 Spread (some bookies don’t offer -1 on underdogs)

1 unit Ottawa Senators Team Total Over 2.5

1 unit Kings Team Total under 2.5 (optional)
NFL Trends and Systems

NFL is very popular and profitable sport to follow. The only problem, this sport is not daily like MLB and others, here you have only 1 game per week. On the other hand you have more time to prepare and check picks!

Take a look how we played NFL last season:

http://www.facebook.com/ZcodeNFLpicks (scroll to old games from 2011)

Lets talk a little how we usually plan NFL picks. We have several options:

1. **Moneyline Game winner picks** (3-5 Star selections) with odds from 1.45 to 1.8 usually.

2. **Spread Line selections**

3. **System plays on hot teams**. When the team is hot we can play 3 step easy progression : 1x-2x-3x following in case of loss. The chance that a hot well selected team will get into a long losing streak is really low.

4. **2 team parleys**. When odds are proper the system gives you parlay recommendation (usually with odds around 1.2-1.3). 2 team parlay is also a system bet, usually with 1x-2x-3x progression. the chance of such parlay to lose 3 times in a row is nearly zero.

5. **Underdog value picks (yellow stars)**

6. **Over Under total picks**

The best way to check NFL picks is Friday evening/Saturday morning before the games start!

You can also follow popular systems like **NFL TTV by Robert** or **Baromir by Trey**.
NBA Hot Systems to follow

NBA basketball systems that you can follow are located in the Hot Trends section. Such as:

- **Aragorn NBA System: Conservative bankroll builder since 2005!**
  

- **Jordan - Ginger Program, aggressive system and very profitable**
  

- **KISS Program on NBA**
  

and much more in NBA Expert Forum on zcode:

• The place to get your picks → http://zcodesystem.com/vipclub/picks.php "Hot trends" Tab!

• Moneyline means “bet to win the game” In short often referenced as ML

• Spread/ Puckline / Handicap -1 means “to win by 2 or more goals. If win by 1 goal you get a Push (refund of the bet) Thats part of the system to preserve your money :)

• Don’t bet -1.5 on NHL/MLB. Always use -1 instead. It is a much safer bet because of the Push in case your team wins by only 1 goal. All qualified bookies offer -1 bet few hours before the game (not in the morning) Those bets usually “show up” later during the day so be patient!

• Away team is listed first, Home team is listed second

• Bet 1% of your bankroll per bet. For example for $1000 bet $10 bets, fixed size

• Odds may change through the day. That is normal. Sometimes underdog can become a favorite.

• Better to place bets few hours before the game when the situation is clear. (Final prediction)

• Besides NHL we also offer NFL, MLB, NBA, Soccer, Horse racing. Find links in ”Hot Trends” section in zcode menu!

• Do not bet other types of bets (Game Totals Over/under, +1.5, parlays, bets with lower amount of stars and bets for road favorites and home underdogs). Those additional types of bets are posted for experts only, you don’t need them for now!

• Do not expect to win every single day. We are doing a sports investing system with a long term profit, not a one day get-rich scam. You will not become millionaire overnight with it and you will have losing days and weeks. That is normal. Always see the BIG picture and remember that sports investing is a PROCESS! Remember, our system is a proven winner in a long run!

• Do not bet only based on Stars!! Follow expert systems in “Hot Trends” section!!

• “Final prediction” is fixed 3 hours before the game time and does not change anymore.
See the big picture: remember, Sports investing is a PROCESS, not get rich today scam! You need to see results long term and not care much about day to day wins and losses. The system WORKS since 1999 and never had a losing year.

That’s all for now! Follow the system and win!

Questions?

If you have questions, first of all please watch the video tutorials and make sure you have printed and read the guide fully. We have covered everything there for you!

Then visit our private members forum where you can find a lot of useful info.

If you have billing questions or requests – please don’t post them on forum and only contact by email for faster response.

You can also send us email at support@zcodesystem.com

Our team

Our team has Forex background – we have developed several successful Forex robots and indicators and now we are use the Forex approach in sports. The team leaders are Ron, Mike & Steve who are experts in sports and lead the development. The company is located in Austria and the support & programming team in USA and Ukraine and India. We gathered the best talented young guys to build our team.
Our experts

Zcode community could not exist without our top contributors and experts like Robert, Bernard, Praveen, JonnyMa, Stanley, Mark, Petr, Alberto, Shannon, Joao, Michal, Stanley and many many others.

Here is our full team http://zcodesystem.com/team.php

Additional section for betting experts.

If you are new to sports investing and betting please ignore it for now.

Z Code Tools to help you here with money management for system games

Sometimes you see recommendations like "Possible System play on Team X". This is the most popular bet type in MLB. It’s not used much in other sports. What does it mean?
During the last 12 years we’ve developed several successful systems based on the money management. This means it is pure math, no guesswork. In such system our goal is to win by units not by odds.

For example in a 3 series game we can lose 2 times and still be in profit when you finish the series!

We don’t just stupidly double the unit size like in martingale like other capers do. This is too risky for the bankroll! Never do that. We use different progressions such as positive progressions, Labouchère system etc to keep us in profit no matter what outcome is! That’s why it is important that you follow the units when we state every “system” game! Never bet fixed units on the system games!

Place system games like normal fixed stakes - just follow the units plan carefully! This way even if you lose 2 out of 3 games you are still in profit in most cases!

Use **System Calculator** if you are betting on the system progressions based on our predictions:

![System Plays Points Calculator](image)

**Fun bets, Expert Bets and PODs**

Fun bets are not advised for newbies but it’s a nice way to build your bankroll with no stress if you follow the sport yourself. Z code will be a nice helper here for you! Follow expert systems in "Hot Trends" section!!

Fun bets usually include:

a) **Bets on predictions with stars less than 4.** Such games require you to perform additional analysis. You should pay very close attention to the starting goalies in NHL. You can find the starting goalies here: [http://goaliepost.com/](http://goaliepost.com/)

b) **Game totals.** (Green stars). Zcode can be a great helper here for you but you can’t bet Totals blindly by stars, they require additional goalie and team strategy analysis. Usually teams with strong offense and good goalie tend to go Under 5.5 in NHL. You can find discussions under each game to see what experts think.

c) **Parlays** – you can parlay low profit safe bets like +1.5 or Under 6 or Over 4.5 when advised.

d) **Goal Salami (NHL)** When the number of games is low (4-6 games) and most teams are favorites at home you can play a fun bet called Home Goals Salami expecting home teams to win by the sum goal amount.
e) **Hedging bets.** When you lay big money on strong favorites it’s always good to hedge your bet with a small bet on underdog parlayed with something else so the possible upset does not hurt you too much.

### Additional useful bonus tools by Zcode:

1. **Team Strength "Incredible" Oscillator:** [http://zcodesystem.com/nhl_oscillator/](http://zcodesystem.com/nhl_oscillator/) for NHL, NBA etc (Available for other sports too)

   ZCode Team Strength Oscillator shows you the current team shape in a form of an easy chart. Just by looking at the chart you can compare two teams to see each team's pattern and current trend, which team is surging, which is slumping. You will also get the current team status, their last games and the difference (delta) between their conditions. The Oscillator is calculated based on the bookie odds for the closed game.

   ![ZCode NHL Team Oscillator](image.png)


   One of the great features of Zcode system will be automatically updated daily power rankings for NHL, NBA, MLB and weekly for NFL. They show the real condition and shape of the teams based on the internal system indicators. You can compare how they differ from the traditional Standings (Place in Ratings) that you can find on public websites like Covers or NHL.com that are usually updated weekly and become outdated too fast.

   The value of such table is huge for the professional bettor because it shows you the real **CURRENT** power of the team, not the traditional "general" power shown by public standings tables. Let me give you example. Team A won a lot of games in October and stays on top of the division with the big amount of points, however it lost 7 out of last 10 games. The traditional standings tables will still show a high position for the team that has collapsed and currently not playing well at all giving you fake indications of the strength!

   Of course power rankings is not the only thing that matters but it is one of the most important indicators of the team current state and power.
The Totals Predictor is a unique tool developed based on Jonathan Ma ideas. Here is how it works. For every team we are building 2 lines.

The blue line is the Over/Under line. We assigned a value of 1 for the Overs and a value of -1 for the Unders. For the purpose of this prediction tool, over/unders are based on 5.5. Any game with a push on 5 is considered an under for 5.5.

The red line is the differential between the over/under based on the last 10 games. Examples: A 6-4 in favor of over would be +2. A 3-7 in favor of under would be -4.

Next step is to compare the lines and see the repeated patterns. For example if you see both teams are trending up on the red line this means they score much more goals than usual and the game will probably go Over 5.5!

Video tutorial: http://youtu.be/UMTL0hiHR8s

Tips for winning with Totals Predictor

1. Use progressions like 1x - 3x - 5x because odds on Over 5 or Under 5.5 usually are around 1.6-1.7 which is too low to be profitable on a flat betting. The chance to lose over 4 totals in a row is very low.

2. Ignore all games with unclear signal. It's better to pass than lose.

3. Check the starting goalies.

4. Remember teams tend to score less on the road even if they score a lot at home

5. Compare your prediction to what Zcode experts say about the game in the VIP section to make sure you don't go against the experts opinion.
One of the great features of Zcode system is automatically updated daily power rankings. They show the real condition and power of the teams based on the internal system indicators.

However how can we learn how this power changes over time to predict the future games? This is where Zcode Power Rankings Indicator comes to your help! It shows you how Power Ranks of the teams changed over the course of the season and gives you chance to compare them easily! The higher power rank on the chart the **BETTER**! (we display it as 30 minus power rank).

It helps you understand if your team is stable (straight chart) or unstable (shaky chart with big dips) and where it is trending now. Enjoy!

http://zcodesystem.com/pr_indicator/?sport=NHL&team1=Philadelphia&team2=NY%20Islanders

5. **Head to Head Tool**

Zcode Head-to-Head Tool is a unique helper that gives you entire information on how 2 teams performed against each other: the results, the odds, who won the game etc. The most important information that makes it really powerful is Team Statuses. Now you can analyze head-to-head performances and find out which was the team status during those games. If you find a team that won most of the recent meetings and the status is proper, it's a very strong confirmation that it will win once again.

Of course you can't base whole pick only on head-to-head results but it will give you an important extra confirmation to the other Zcode predictions and picks to help you win!

http://zcodesystem.com/headtohead/?sport=NHL&team1=Montreal&team2=Ottawa
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<th>Status</th>
<th>Odd</th>
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<th>Score</th>
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<td>1.85</td>
<td>Ottawa Senators</td>
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<td>Montreal Canadiens</td>
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<td>14th Jan 2012</td>
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<td>4th Nov 2011</td>
<td></td>
<td>1.90</td>
<td>Montreal Canadiens</td>
<td>2:1</td>
<td>Ottawa Senators</td>
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</tr>
</tbody>
</table>
Line reversals Tool [http://linereversals.com](http://linereversals.com)

Zcode Line Reversal tool is an incredible helpful indicator on how the line moves and how the odds change through the day. It will help you identify the sharp money moves and avoid betting against Vegas. It also shows you vegas public percentages on your teams. Make sure you watch the easy video tutorial to understand how it works. You can also download our apps here [http://zcodesystem.com/line_reversals_apps](http://zcodesystem.com/line_reversals_apps)

Featuring:

1. LIVE real time odds and charts.
2. No 30 minute delays, all is LIVE
3. No middlemen - odds come directly from the bookie
4. No extra fees - free for zcode VIP members
5. AUTO-UPDATE - no need to refresh the page
6. One-click switch to the next game. No time waste with navigation
7. Calendar - lets you go check lines from yesterday games or older games
8. ODDS in TWO formats - friendly to US and EU members
9. NO CONFUSIONS: we clearly write which team you see, if it is underdog or favorite
10. PUBLIC Percentages are shown on the chart!

Ideas to maximize your profit (FOR EXPERTS ONLY)

- When the odd is too low (for example on home favorites like Boston playing against super weak last place team) you can risk more by putting bet on “win in regulation” instead of “moneyline including OT”. Usually the odd is better. Some bookies like bet365 also offer Spread-2 Bet for such games for maximizing profit.

- On some bookies like 5Dimes you can bet super profitable bet like “underdog-1” spread. Use it for 5 star dogs to maximize the profit.

- When your strong team is known to score a lot and a weak one has poor defense and goalie use Team Total Over 2.5 to maximize the profit.

- When the odd is super low and you think “things are too good to be true” and expect an upset you can place a hedging parlay on the underdog moneyline parlayed with something else.

- Parlay “5 star underdog” on +1.5 spread with something else – it has very high winning rate.

- Check what other experts think of the game.

- Check line reversals 5-10 mins before the game starts to confirm your bets.

- Follow expert systems in "Hot Trends" section!!

NHL Research by our expert Robert

Expert Robert made an awesome research on zcode NHL hot trends. Here are his results:

4-5 Star Home Only Favorite with Burning Hot and Burning Hot Down Status Only. MoneyLine, -1 and Team Total Over 2.5:

79-5-9 (94%) +$6336

5 Star Road Dog with Average, Average Up, Burning Hot Down or Burning Hot Status with wager on MoneyLine, -1 and Team Total Over 2.5.

77-29-11 (72.6%) +$7496

Combines record for all wagers:

156-34-20 (82.1%) +$13,832
The research is usually updated in the VIP members forum!

Zcode Sports Investing Bible

We published our book with systems! Download a free PDF copy here: http://zcodesystem.com/bible.php

Mike, Steve & Zcode Team